

# FOOD FOR THOUGHT



Warwick District Foodbank Newsletter

Jan 2018

## WE JUST WANT TO SAY... THANK YOU!

The last three months of 2017 were our busiest to date, both in terms of clients and the amount of

donations we received.

We have been overwhelmed by the generosity of local organisations, businesses, schools and individuals who collected for WD Foodbank this Christmas. The donations were exactly the items we needed and many organisations took time out to deliver directly to our centres or our warehouse which helped us to save time and money on transport costs.

We were fortunate to find extra Christmas volunteers who emptied the collection baskets at the supermarkets on a regular basis and others who helped to sort and distribute the extra food.

We had some lovely reverse advent boxes donated - most of which have been given out but we will continue distribute these during January.

We were also able to share some of our donations with other local charities including LWS, Salvation Army WAP and CAP.

*"I've recently started a new job after being out of work for months but I don't have any money until I get paid at the end of the month. This food will last until I get my first wages"*

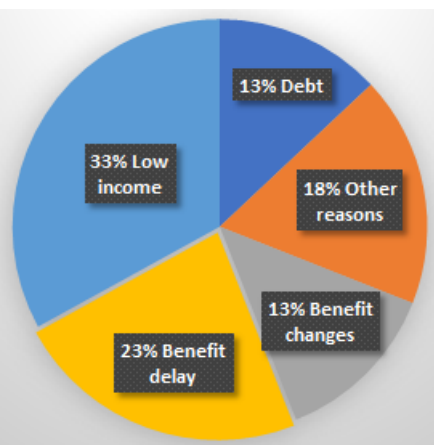
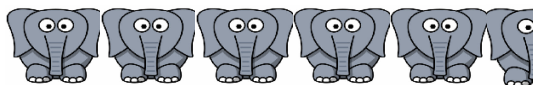
*Client - St Paul's*

## Facts and Figures (for 2017)



**We provided food for 2926 adults, 1324 children plus a few cats & dogs!** 🐱 🐶

**We distributed 42 tonnes of stock- the weight of 5.5 African elephants.**



**The top three reasons for visiting WD Foodbank were low income, benefit changes/delays and debt.**

## We had lots of support last year including.....

Kathryn & Paula from M&S Warwick spent an afternoon with us at St Paul's, M&S regularly donate food to WD Foodbank.



A team from Amey, Warwick who volunteered their time to collect on the National Collection Day at Emscote Tesco. Gemma and Varun pictured.

A group of local Rangers who regularly brave the cold in our small storage shed to sort and date food.



The Love Lillington Project who donated lots of reverse advent boxes for Lillington Foodbank clients.

## Spotlight on: Westbury Foodbank



Alex, Brian, Jo, Phil & Pamela

WD Foodbank opens every Friday 11am-1pm at the Westbury Centre. Sessions are led by Pamela along with a team of volunteers - Alex, Brian, Phil, Jo, John, Ann, Xannder, Rob, John, Peter & Lillia. Westbury Community Café is also open from 9.30am -2.30pm every Friday serving breakfasts, light lunches, drinks & cakes at very reasonable prices (discounted for Foodbank clients).

### Yes please!

Supplies of the following are currently the most wanted:

**Instant noodles**  
**Sponge puddings**  
**Long-life fruit juice**  
**Long-life milk**  
**Washing up liquid**  
**Cleaning products**  
**Deodorants**  
**Shaving foam**

### No thank you!!

Whilst we are extremely thankful for all the donations we receive, it's important to say that we have ample supplies of:

**Baked beans**  
**Soup**  
**Rice**  
**Pasta**  
**Tea**  
**Feminine hygiene products**

## Where to find us

We have a centre open for two hours every weekday (three centres open on a Friday).

**Monday 1pm—3pm**

**St Margaret's Centre**

103 Whitnash Road

Whitnash CV31 2HB



**Tuesday 11am - 1pm**

**Southern Court, The Crest**

Lillington CV32 7RT



**Wednesday 2pm—4pm**

**St Mary's Church**

St Mary's Road

Leamington CV31 1JW



**Thursday 1pm—3pm**

**St Paul's Church**

Leicester Street

Leamington CV32 4TE



**Friday 11am—1pm**

**Westbury Centre**

Westlea Road

Leamington CV31 3JE



**Friday 12pm - 2pm**

**Kenilworth Centre**

Abbey End Car Park

Kenilworth CV8 1QJ



**Friday 1pm—3pm**

**Saltisford Church**

Albert Street

Warwick CV34 4JX

**Warehouse (for donations only)**

**9.30am—11am Monday**

**All Saints Church**

Vicarage Fields

Warwick CV34 5NL

**Donations only - Tues 12pm - 2pm**

**Jubilee House, Smalley Place**

Kenilworth, CV8 1QG

Due to limited storage space, please call first if you have a large donation

## WAYS TO GIVE



**MAKE A ONE-OFF DONATION**



**MAKE A REGULAR DONATION**



**DONATE FOOD SUPPLIES**

To make a one-off donation or to set up a regular donation please see our website <https://warwickdistrict.foodbank.org.uk/give-help/donate-money/>

If you would like to contribute regularly specifically towards the cost of our vehicle (suggested donation £5 per month) please email or call the number below.

## Contact us

E: [info@warwickdistrictfoodbank.org.uk](mailto:info@warwickdistrictfoodbank.org.uk)

T: 07850 293383

W: [www.warwickdistrictfoodbank.org.uk](http://www.warwickdistrictfoodbank.org.uk)



**Office:** Warwick District Foodbank  
St Mary's Church, St Mary's Road  
Leamington CV31 1JW

Reg Charity No 1160706